



## TAIPEI HASH HOUSE HARRIERS 2005'S COMMITTEE MEMBERS

GRAND MASTER (會長)	BAMBOO	魏志華	0932-919160
JOINT MASTER (副會長)	PLOD	李家誠	2822-4068
	INK PINK	陳俊彥	0912-000412
	BUSH BABY	DUNCAN ROBINSON	0910-511701
HASH CONTROL (監察)	BLACK FUR	謝明傑	0936-131797
ON-SECRETARY (秘書)	LOAN SHARK	許經發	0912-288073
	GURU	NARAYAN	2871-4068
HASH CASH (財務)	FIRE WOOD	王木火	0935-587986
	WHORE HOUSE	李盛填	0932-201450
	U.K.	陳澤淵	0915-586205
TRAIL MASTER (路線)	AIR SHIT	陳振宇	0916-178200
	YAKUZA	江天寶	0953-153438
BOOZE MASTER (總務)	PLAY BOY	饒盟乾	0937-088052
	5 HUNDRED MILES	鄭信農	0932-389836
	WHY	洪長力	0922-609308
HABERDASH (服飾總務)	FIRE BIRD	蕭桃彰	0937-888531
	PRINTER	陳俊呈	0910-015557
HASH BASH (聚餐)	TINKER	郭金德	0922-657297
	S.M.SHIT	林克峰	0932-026902
INFORMATION (資訊)	YUA HWI	楊敬忠	0939-755314
	HASH POET	王廷邦	0952-871047
SPIRITUAL ADVISOR (顧問)	GURU	NARAYAN	2871-4068
HASH WEB SITE (網站)	HARD DISK	江順景	2253-7059

次數/NO.	日期/DATE	待宰的兔子/HARE LIST 地點/RUN SITE	報導/SCRIBE
1710	2005/10/01 徐世杰(Hefty) 0937899822	土城南天母廣場(國道三號高速公路土城交流道右轉開始有麵粉) 家庭跑步 Tu-Cheng (Mark from 3 <sup>rd</sup> freeway Exit to Tu-Cheng and turn left) Family Run	Square 方清福 Guru (Narayan)
1711	2005/10/08 丁炎山(Volcano) 0932025335	內雙溪(故宮博物院開始有麵粉) Ney Shuang Shi (Mark from National Palace Museum)	Buffalo 謝群忠 Guru (Narayan)
1712	2005/10/15 鄭信農(5 Hundred Miles) 0932389836	汐止(中山高汐止交流道右轉汐萬路開始有麵粉) Hsi Chih (Mark from 1 <sup>st</sup> freeway Exit to Hsi Chih and turn Right)	You Ching 蔡品端 Guru (Narayan)

捷兔點滴 2005/09/24 第1709次跑

人數:162

HARE:Cylinder(許萬益)

天氣:晴

地點: 皇帝殿

報導: 魏文章(Bloody Dog)

日前應會長徵召作路跑報導，算算也已經有二年多未曾執筆報導了，我這隻生鏽的老筆，寫起來還真有文辭枯竭、不知所云之感。俗話說：滾石不生苔，男人的寶貝也是一樣，久不操兵要用時也就不行了，根據本會荷爾蒙最多的性愛大師Hormon私下表示，養生之道首重於「新陳代謝」，（精）水不流則蚊蟲滋生，所以男人能定時享受魚水之歡那是最健康的，否則呢也要常常擦擦槍管，「自」己安「慰」自己（但要記著！不要被偷拍「自慰光碟」，否則……），不但可常保雄風以備不時之需，又可防止男性專利「攝護腺炎」，難怪Hormon七十幾歲還是一尾活龍，羨慕喔！當然性不性由你。有位剛喪偶急著替老二找到歸宿的男士，經人介紹認識一位丈夫已過世四年還鬱鬱寡歡的寡婦，見面後，鰥夫寡婦果然相憐相惜，愛苗迅速滋長，沒多久就結婚了。新婚夜晚，女的羅衫輕解，全身衣物脫得只剩一件黑色的底褲，男士則脫得精光，「為何獨留這件？」男士不解地問道。「我的酥胸任你愛撫，身體讓你恣意摸索，但我下面這裡還在守喪」。



Cylinder &amp; Hand Job

第二天晚上，情況依舊，她還是脫得剩下一件黑色底褲，而他仍是全身赤裸，不過那裡戴了一個黑色保險套。「那黑色保險套是怎麼回事？」女士問。是這樣的，他解釋道：「我只是想拜訪喪家，慰問致意，穿黑衣比較有禮貌」。

本日兔子Cylinder（許萬益），土生土長石碇在地人，目前在三重地區從事消費性機械軸承製造業者，捷兔三重幫的成員，為人靦腆內向、敦厚純樸，自參加捷兔後，每年都會在小時候玩耍的石碇山區規劃精湛路線，回饋兔友。







路跑地點在石碇皇帝殿附近山區，石碇位於新店溪上游北勢溪流經之地，全鄉境內山多平地少，地形崎嶇複雜，山脈則係屬中央山脈系，深

割的河床、蜿蜒的河道、詭變的巨石、豐富的生態，為台北縣最熱門且大眾化的登山據點之一，亦是捷兔路跑活動次數最高的場



地之一。  
集合地點在皇帝殿西峰登山口，本次路跑適逢Discovery野外活動製作小組特別情商本會配合製作HASH專題報導，出動三組人

馬拍攝，據會長Bamboo表示前一天已先行與兔子作過路線勘查、訪問、取景等細節，並特別情商本會「猛男帥哥」Fire Bird充當男主角，由該小組「辣妹」配合演出，打著赤膊的Fire Bird與辣妹對演，還真像「臺灣水電工」，訪問兔友時，上任會長「黑毛」很想學柯四海拿著牌子「二腳跑三腳勇」搶鏡頭呢。

2:45正兔子Cylinder（許萬益）與副兔子Hand Job（陳柏裕）配合VCR鏡頭在兔友歡呼聲中先行離去，3:00在Plod暖身操後出發了，由來時路先作石碇老街巡禮，過橋經石碇國小，延著景美溪左岸，過橋繞右岸回到往石碇道路，沿途一直受到VCR鏡頭的追殺，跑著氣喘用走的兔友，一看到攝影機個個馬上奮勇直衝，男人還真死要面子。沿著湍窟產業道路一路直上過一戶農家，左轉終於離開柏油路面進入山林，擺脫了VCR鏡頭的追殺，經保線路上到湍窟山。湍窟山，位於皇帝殿西北方標高397M有一圖根點，森林中無展望，續行至鞍部平台，有塊石碑，寫著奇形怪字，出山林下至皇帝殿西峰石階步道口，右側有條土路切過稜線，標示為「湍窟登山口」；而上往皇帝殿西峰的石階步道，也標示為「湍窟登山口」，上至走不完的石階步道，在往西峰山腰間續下石階步道，回到集合地點。整體路線大部份皆在柏油路面與石階步道，跑起來真不舒服，兔友被操到了，路線應該還有進步的空間。

Down Down由會長主持，正副兔子先Down一杯冰塊伺候，還是要感謝他們的辛勞，九位Discovery工作人員，邀請他們亦啗一杯冰塊免了，謝謝他們的報導，為捷兔路跑活動更增加一份肯定，本次專題報導將在10月17日晚上10點在Discovery旅遊生活頻道播出。接著幾位初體驗兔友噹噹，歡迎他們參加，「二腳跑三腳勇」有效果再接再厲，脫褲德 Merc籌組遠征菲律賓路跑，號稱「保你爽」路跑，想品嘗異國風味的兔友，儘速報名。 On！ On！

內最專湍窟山，位於皇帝殿西北397M圖根點，山低路明森林中無展望

本次路線 Cylinder 得分81.362分（總分5614/69張=81.362分）（資料來源：路線組）



Today's hare was Cylinder accompanied with co-hare marked from the Shi-Ding Exit of No 5 High way. According to the mark, I arrived at Shi-Ding town and then turned left to today's venue. For a short time, a wide parking lot was appeared. It was near this small town. The venue was very large for us to park. I, Buffalo, who was today's scribe, saw many hash cars have parked inside. The venue which was located on the mid-slope of a mountain was of a nice, broad and magnificent view which made you relaxed and comfortable when you stood there. A video group which was composed of about ten members belonged to the Discovery Channel was busy in preparing their video equipments to take a camera on every pictures in today's hash run which included hashers' funny run, flour marks' interesting games and colorful HASH Down Down ceremony.



It was sunny but very hot and winy in the beginning today. Hares started at 14:45. After warming up, all hashers walked and rambled along an asphalted road from the parking lot at 15:00 punctually. The first checking was arranged beside a path. A right and bumpy trail was for your run. We found one flour mark in the far distance on the other side under a series of trees' shadow

in a forest. On a flat and narrow trail under a dense woods, it made you cool temporarily. After a short while, we climbed painfully up on a steep trail due to no wind.

The second checking was appeared among three pieces of rock ladder steps. Selected to run left to jog up steep and narrow steps' trail and immediately turned right to ramble up and down a soft soil trail. When we started to run quickly down a steep and rocky trail, it was very dangerous. Directly jogged down through a beautiful garden of a wild chicken restaurant and jogged over a stone bridge. Then walked across a brook and ran on a path. A handsome man and a beautiful pussy, who photographed to us, were grabbing our strong muscle and enjoyable jogging style. I became shy when the video recorder was running in front of me because I ran almost nakedly only with a sport short. As soon as my heart was trembling excitingly, I could not identify the reason why it happened. I guessed that the reason was perhaps violent running mixed with nervousness.



We started to climbed and crawled by a thick rope and branches to a very steep slopes for a long whiles. I supposed it was the most difficult sector today. I crawled up it very hard. At last, On-In mark was arranged beside the steep trail. I arrived at the end with sweats through my whole body. Apparently it was a truly tired and long run today. After a while, Down-Down ceremony was announced to hold in the parking lot by GM-Bamboo. Five pieces of ice-brick had been set neatly on the square in parking lot. Today's hares were called out to Down Down. Thanks for their complete designs and generous contributions for us to have a wonderful Saturday. Consecutively, the Discovery Channel video group was surely invited to drink delicious beer beverage including ten members. Every hashers and guests who appeared to Down Down were asked to sit on the icy bricks separately. That would make them all have a cool and scarce experience on their red hips. Hope our lovely and charming pictures and actions would be shown at the Discovery Channel in the recent future. Expect to see you again next Saturday

表現捷免粗曠豪邁之氣，只准18歲以上男人參加

ONLY MEN OVER AGE 18 ARE ALLOWED TO RUN TAIDEI HASH



