## 台北捷兔週報 NEWS LETTER

2005/07/09 第1698次跑

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	5 HUNDRED MILES	鄭信農	0932-389836
	WHY	洪長力	0922-609308
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SPIRITUAL ADVISOR (顧問)		NARAYAN	2871-4068
HASH WEB SITE (網站)	HARD DISK	江順景	2253-7059

		待宰的兔子/HARE LIST	
次數/NO.	日期/DATE	地點/RUN SITE	報導/SCRIBE
1699	2005/07/16 王志仁(Sesame) 0918281388	關西拱子溝(北二高龍潭交流道開始有麵粉) Guan-Si(Take No 3 Freeway and get off Long-Tan Exit)	Omen 謝志毅 Guru (Narayan)
1700	2005/07/23 Penniless 0952025116	1700次特別跑 1700 Special Run	You Ching 蔡品端 Guru (Narayan)
1701	2005/07/30 周章榮(Octopussy) 0918098875	貓空(木柵指南國小開始有麵粉)  Muzha Maokong( Mark from Muzha Chi-Nan Primary School)	Salonpas 黄純輔 Guru (Narayan)

Hashing Records

Slobbo(史走伯) 749 Body Armour(陳哲彥) 499 Over Run(方可以) 324

Panda(梁德貴) 274 Shit Cream(翁常強) 199 Tomb(楊丁文) 75

Taipei Metro Hash Run

日期: 7月20日(星期三) 19:45 兔子開跑 [

地點:捷運新店線新店市公所站 出口 2

DATE: JUI.20 (WED) 19:45 HARE RUN SITE: MRT Xindian Line Xindian City Hall Station Exit 2

HARE: Vulture

捷兔點滴 2005/07/09 第1698次跑

人數:184 天氣

HARE:陳弘仁(Finger Job) 天氣:晴

余子: 禿鷹

地點: 萬里溪底

報導: 何興亞(WonWon)

## 娜娜的告白



我是娜娜,英文名字是NaNa。還記得2001年9月8日,阿爸第一次帶我參加Taipei Hash,因為我是女生,所以在DownDown時,阿爸違反Taipei Hash傳統規定,被罰坐冰塊。對於生活在都市的我而言,能夠在週末和好多阿叔、阿伯一起在山野奔跑,真是棒極了。阿爸知道我喜歡參加Hash,從此以後,他每次參加Hash,都會帶我一起來,即使DownDown被罰,也心甘情願。其實我知道阿爸平常很忙,星期六、日的活動也很多,尤其是他打了二十幾年的籃



Finger Job (陳弘仁) Nuke (吳逸群) 左圖

球,若要在籃球和Hash中做一個選擇的話,如果不是為了我,他可能不一定會持續參加Hash。不論如何,Hash是我的最愛,阿爸也儘可能的排除萬難帶我一起參加,阿叔、阿伯們,也慢慢認識我了,常常逗著我玩,偶爾也會給我一些好吃的東西。所以,每個禮拜,從星期一開始,我就一天一天算,盼望週末快點到來。2002年1月26日,是我第十次參加Hash,DownDown時,我也被叫上台,因為那天我跑得滿身是泥,Bush Baby給我取了一個兔名,Muddy Dog。但是,大家還是習慣叫我娜娜。

7月9日,阿爸帶我一起前往「溪底」參加Hash。做暖身操前,Bamboo會長告訴阿爸,有兔友反映,我在Hash時,在大家腳下竄來竄去,會影響人家跑步。阿爸有些不好意思,告訴會長:「今天看來會下雨,下雨就不讓NaNa跑,以免妨礙別人。」所以,這次我就待在車上等阿爸。他跑回來後,對我說:「這次下了一場又急又大的陣雨,路途濕滑,又沿溪涉水,還好我沒去,否則一定會摔得很慘,而且還會弄得髒兮兮。」我知道這是在安慰我,以前又不是沒摔過!沒弄髒過!我的Hash Name,Muddy Dog不就是這樣來的嗎?事實上,這不是第一次留在車上等阿爸了,去年Gun Shit和Plod告訴阿爸,有人反映我會影響別人後,每次下雨,我都被留在車裡。

回家後,阿爸告訴我,這次Hash,有一隻穿雨衣的狗狗,也和他的主人一起跑。我第一個反應是,那我為什麼不能跑!阿爸說:「看起來,牠很懂事,當別人靠近時,牠會讓路,在一旁等別人通過後再前進。」我認真反省,的確,以前都沒有好好替別人設想,每次起跑後,就和阿叔、阿伯們一起往前衝。而且,我又喜歡超車,在大家腳下鑽來鑽去,有一次,有位阿伯差點被我絆倒。所以,我在

此,先向各位阿叔、阿伯道歉,希望大家原諒我年輕不懂事。也謝謝向會長反映的阿叔、阿伯,讓我有機會看到自己的問題,可以改正過失。

由於Hash是我的最愛,參加Taipei Hash將近四年,跑了四十多次,對Taipei Hash和許多阿叔、阿伯已有一份情感。所以,我還是很想繼續參加週六的Hash。和阿爸討論後,我們想出一個改善的方法,以後參加Hash,阿爸和我在大家起跑之後,慢一點出發,避免在人潮之中,影響別人跑步。雖然如此少了超車的快感,但仍能保有縱情山野的樂趣,而且還可以見到許多熟識的阿叔、阿伯,也就心滿意足了。不過,我知道,有時候太過高興,會讓我忘情,可能還是會影響到別人。如果以後我有任何疏失,對阿叔、阿伯造成不便,請隨時告訴我阿爸,他會指正我。最後,祝福各位阿叔、阿伯身體健康,心情愉快。

喔!對了,差點忘記告訴大家,我阿爸是WonWon (何興亞)。這次溪底的Hash報導輪到他寫,我拜託他將篇幅讓給我,利用這機會向大家告白,請各位阿叔、阿伯多多包涵。

2005/07/09 Hash Run I 698 HARE:Finger Job Runner: I 84 Site: Shi Di Weather:Sunny Scribe:GuRu

Last Saturday's run was at Shi Di, beyond Wan Li. The hares were Finger Job and Nuke. The weather was hot, humid and cloudy. We parked on a road, close to a small temple, but there was no roof to protect us from the rain.

I had followed the marks, alone, about ten minutes after the hares had left, and a few minutes before the pack started! The first check was found within couple of minutes. I checked five different tracks, on my own, without any luck. By the time 'Press' found flour, the pack was with us! Then on it was a gradually steep long climb along a very narrow, dry stream bed, winding up between the trees and shrubs on both sides. The next check was on the top, between two hills, where the hares were waiting for us to pass, before they would continue their marking the end trail. After running along for about twenty minutes along the ridge, we started going down. By then the heavens opened up! Fully drenched to the bones, we started the hazardous, slippery descent.

It was quite dangerous and we had to do it on all fours, hanging on to roots, shrubs and the rocks on the path. It seemed that there was no end to it. Finally, at the bottom we came to a beautiful, green meadow. The rain came down in buckets, and cooled us. After a short run, we crossed to the side of another hill and finally came to a fast flowing stream. We had to wade along the stream-bed for a while, going from one bank to the other, until we groped up a muddy, slippery trail up from the river. We had to struggle through the shiggy and dirt until we came to another green pasture land. We crossed it to another mountain trail for distance until we reached the on-in sign. It was a hard and dangerous run, but mercifully, it wasn't very long. The consensus was that it was a good run, well marked with enough checks. Well done hares.

Mercifully during the down-downs, it did not rain. There were lots of down-downs for all real and cooked-up reasons.

On On to our 1700th run celebrations, next week end. I am told there over 400 people have registered for the run and bash, including all the other hashes in Taiwan excepting for Kaohsiung, who are really scared of our runs.

From the Internet I noticed that over 80 people have registered for the 2006 INTERHASH at Chiangmai.

ON 0N!!

## 表現捷兒粗礦豪邁之氣,只准18歲以上男人參加













