## 台北捷 完 週 報 NEWS LETTER 2008/5/2 第1845/次跑

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	TAIDEL HASH HO	NICE HADDIEDS	2008'S COMMITT	
1. 14				
い 北 捷 ふ	GRAND MASTER (-會長-)	Dragon	龍天池	0928-243-807
G DO WE 9	JOINT MASTER(一副會長-)	Penthouse	劉明仁	0933-061-491
V V		S.M.Shit	林克峰	0932-026-902
		Bush Baby	DUNCAN ROBINSON	0910-511-701
	HASH CONTROL (-監察-)	Life U.K.	陳澤淵	0915-586-205
	ON-SECRETARY(-祕書-)	School Sucker	王立君	0910-032-658
	HASH CASH (-財務-)	Windex	蘇文德	0933-206-085
		Little Younker	江明勇	0935-066-414
		Play Boy	饒盟乾	0937-088-052
		Printer	陳俊呈	0910-015-557
		Super Man	周士超	0926-562-187
	TRAIL MASTER (-路線-)	Rubber King	張安囿	0937-183-607
		Key Way	林世昌	0920-066-867
		Pin Hole	林文琛	0932-058-210
	BOOZE MASTER (-總務-)	Bolt	洪同燦	0928-243-878
		Adarli	李景隆	0926-825-065
FOUNDED		Barber Shop	張漢義	0928-229-459
		Counter Feiter	楊家貴	0936-218-855
4 FEB 1973		Five Hundred Miles	鄭信農	0932-389-836
		Shiner	徐光派	0928-098-912
	HASH BASH (-聚餐-)	Appetizer	享I詩錠	0933-162-527
		Sea Turtle	古晏昇	0937-067-745
	INFORMATION (-資訊-)	Softy	徐壹豊	0920-946-035
	WEB MASTER (一網站-)	Cunt Pack	林榮華	0935-523-150

待宰的兔子/HARE LIST		the the ADIM OF THE	報導/SCRIBE
次數/NO	日 期/DATE	地點 / RUN SITE	中文/ENGLISH
1847	(May.17)5月 17日 高志賢 0933818376	基隆 八斗子公園(國立海洋大學門口往八斗子開始有麵 粉)Keelung Bar-Dou-Ze Park(Nation Taiwan Ocean University Bar-Dou-Ze direction will get flour )	<b>周家偉</b> (ham shit ) 0912-562321
1848	(May.24)5月 24日 Mark Dolan 0933200781	<b>坪林(國道5號坪林交流道開始有麵粉)HARE-生日跑步</b> Pin-Lin(Take No.5 Pin-Lin Exit will get flour) HARE's birthday	陳仁浩 (mosquito) 0936-940358
1840	(May.31)5月31日 王立君(School Sucker) 0910032658	三芝(2號省道登輝大道開始有麵粉) San-Gee(Take No.2 Den-Fae Road will get flour)	<b>黃純輔</b> (Salonpas) 2871-0645

1. 2010 馬來西亞 Sarawak(沙勞越) 雨林 Interhash 特跑,報名費:RM400 (2008 5/31 前) 2. 時間: 2010,7/2,7/3,7/4 網站報名:www.borneointerhash2010.com/component/option,com\_frontpage/temid,1/

會長囑咐:

HASH是一處舒解工作,生活等壓力場所,於HASH中發生不快樂的事,就依HASH處事方式解決,此外本會不予認同之前或過程演變,特此申明.

	1. 捷兔點滴 20	08/5/2 第1845 Run	HARE:張欽賢(ALONE)	地點:烏來,	保慶宮	人數:	234	天氣:晴天	
	●中文報導:	張欽賢(ALONE)	●Englis	h Reporter:	guru				
2	台北捷運免	(日期:5月14日200	)8 (星期三)19:45兔子落即	泡 (DATE	: May.14.2008	(WED.)1	9:45 H/	ARE RUN	
5	Metro HASH	⟨地點:捷運淡水線	. 士林站 出口1	SITE	: MRT Danshui	Line Sh	ilin St	ation Exit 1	5
2	206 次 RUN	兔子:廖仕偉 (09:	33-217806)	HARE	Baby Killer(09	933-217	806)跑	步時記得帶15元或約	冬遊卡 〉

今日的集合地點爲保慶宮,祭拜主神廣澤尊王,聖王姓郭,名忠福,年少時聰明過人,十六歲時坐化成神,威鎭鳳山寺後,因此國內常見鳳山寺,基本上均屬聖地也.保慶宮後方有條登山步道(拔刀爾山)此山屬北插天山系,主祾北起加九寮東南鞍,南至逐鹿山,是個B級登山路線.今天是來跑HASH的,暫不做詳細報導,借此機會給各位兔友了解所謂:HASH跟登山是個息息相關的.筆者第一次操刀報導,連HARE也是處女之作.緊張之餘不在話下,本人因爲才疏學淺,或許不會有



筆墨橫飛文章.承蒙諸位大哥(簡稱豬哥)莫嫌棄、繼續看了去吧!記得10年 前由ICHIBAN(賴麒麟)引進捷兔後,看到各位前輩熱心服務.每年的會長英明領導,以及幹部辛勞服務,尤其是兄弟個哥们、西越喝越爽,甚至都變成 日年的會長英 此的生活夥伴,倘若一個團體有這麼大的魅力,那麼只來過幾次就 有友,的確可惜!也只有當過HARE才能體 友星期六的 立在HARE身上,每次路線的規劃,停車問題 BASH····都要求完美的 (低調).接近中午時分,一群三蘆朋友,以及親三蘆弟兄馬山 經喝兩箱了)陸續報到,HARE今天準備了234RUN紀念 友注意事項,尙未開跑就有不少人打聽路線,可是沒 出生了百 連ALONF 不知道,今天路線為何?(裝蒜)?不過UK(陳澤淵),PLAY BOY(饒盟乾)已經按 奈不住,爬上BATTLE 山上去了,也許ROLLING STONE(張仁全)早已準備禮物 在美鹿山870M等候,所以UK就是受獎者.下午2:00左右ALONE以及各位兔友 在登山口祭拜儀式,只要是希望上山或進入山區保佑各位平安無事,這只 是個人對於山神,山土地工伯公,山上兄弟伯公…的尊敬.看到ALONE滿身 裝備,有些已經嚇到了,而且HARE要求在2:40提前起跑,更增加恐懼感,宣布

起跑時,往山下路跑去,大家傻眼了,不是BATTLE嗎?之前資訊可以引導先遣部隊錯誤的判斷.也是本次HARE設計出來的

成果,第--個CHECHIN現做時,周圍已經有了HAPPY(孫前田),三元…等在洞口徘徊,實在很難玩CHECKING,後面起跑者就 輕鬆多了,進入雜草叢林山中,ARE YOU 聲不斷,ON ON聲回應你來我往,好不快樂.還好Hare開始就有提醒大家,也就很 少人short cut.到深溝中,快腳無用武之地,幹!路這麼難跑,對有些逗逗游者是一大享受,mark非常明顯不造成困擾,但 前方懸崖峭壁有條新繩子,果然是現綁的(臭屁一下).上了原始衫木林,看得出來,路是開疆闢土而得來.ARE YOU 再度 響起,筆者猜想,他们一定是悟誤入了前些日子找路時的痕跡,山路迂迴幾次,恐怕沒記號必會迷失方向,下了原始林,來 到第二個checking,看到前方aqua,以為正確路線,然而,大家白忙一場,因為aqua 乃屬本次的CoCoHARE俗稱(SAKURA). ONON響起時,已經在通往信賢苗圃的產業道路,如果沒有跑完全程者,恐怕很難體會出,甚麼叫柳岸花明又一村,在信 賢苗圃的產業道路下方就是信賢村,其視野極佳,跑步又能衝刺,這條路規劃之完美,值得稱贊,這是PRESIDENT(黃世 瓊)告訴我的.(再臭屁一次).其實一條路線的完整性.必須有很多朋友參與,感謝CoHARE,CoCoHARE以及這次參與的各 位朋友.讓第一次做兔子激起了信心,往後能再接再力.DOWN DOWN 時來了兩位日本人,HASH就是這麼有國際性,今天所 看到DOWN DOWN景象,好像比以往人數增加.而且很多今年第一次的,相信捷兔是非常值得去接近它.BASH席開8桌,沒有 事先簽名方式,又沒有事先宣布FREE BASH,無法控制桌數,還好土雞城老板代勞2桌,才解決BASH的問題,AQUA又贊助 4500CC WISKY,酒足飯飽,捷兔的精神表露無疑,每每跑步也有FREE BASH的機會,因此趁此機會少許付出.COHARE(蕭堂 輝)也同意如此想法,招待不週有請海涵,若有機會願意再來一次如此盛況,ON ON.再見,下星期六見.Last Saturday' run was from Bau-Chin Temple, way up the hill from the tourist attractions of Wu Lai, the aboriginal villages, dances, waterfall etc. Beautiful location, where the weather was cooler compared from the valley below. Apparently hare "Alone" hared the run 'alone' ! I stand to be corrected!! The temple looked very different in appearance from the thousands of Chinese temples around the Island.A few minute's walk down the road from the temple, we turned into the bush, following marks. The going was tedious through the shrubs and roots and thorn that covered the narrow, muddy trail, winding up and down for over twenty minutes before we reached a narrow black top path. A short run took us up through mountain trails. We had to climb with the help of ropes and then go down - hill in the same until we got to another road. Here, most of the front runners ran way-down to the left, when they wav hit a back track. We had to turn right through a narrow trail, slowly winding along several hillocks to the top. Once on the top, it was a short run back to the temple. It was a good run, most of the runners finished within one hour. Congratulations 'Alone' for a nice outing on the hash Saturday.T. weather was cool and comfortable, and the down- downs pretty long. An early announcement by the G.M. proclaiming a free bash from the magnanimous hare, encouraged many - over 100 hashers = to enjoy the back with free bash could be the top. It was a short run back to the runner of the runners for a nice outing on the hash Saturday.T. for a nice outing on the hash Saturday. The bash, with free beer and scotch too! In retrospect, it's worth mentioning about the INTER-ISLAND HASH RUN, we had two weeks back ,hared by Penisless and his long time mate, Vaseline Thighs, the Taichung G.M., wherein almost all the Taiwan Hash clubs took part., namely Taipei, Kaohsiung, Taichung, Tainan, Hsinchu, China, Metro, Formosa and Hong Kong Hashers took part. The trail was well laid through various tea-plantations through more-or-less flat countryside, where we could run, if we wanted to, and was well marked. The down-downs were dominated by the Kaohsiung Hash, with the auction of their wares, including women(?), whereas Taipei Hash G.M., had to resort to the help of various colleagues in the committee (who were equally hopeless, including S..M.shit, whose best vocabulary was, COME HERE" , addressing guests, whose intention was to invite them for down-downs), due to poor knowledge of spoken English! A few words about the hash run on 26th April, hared by Bloody Dog. It was a bloody good run, the trail was very scenic, through several hillocks, flower gardens and tall trees adorning the trails. The green hills reminded me of the sheep grazing meadows of Christchurch in South Island of THE HSINTIEN RUN ON 5TH APRIL. New zealand, one of the most beautiful places on earth! I, Guru got back to Taipei on 30th March after a sojourn of about six months in Kerala, South India. I was disappointed to note that there were no volunteers to write our hash news letter in English in my absence. I hope to contribute in this respect, as long as I stay in Taipei. After several days of wet and cold weather, we had a very fine weather for the run. The start was from the old Matzu temple of Blue Mountain and his two co-hares did a good job and gave us a good scenic run. We had to Shindien. climb hundreds winding steps, past a beautiful waterfall for quite a while, and then go down another series of steps until we got to the crowded rope way station. To me it looked like a new temple where the worshipers had gathered to pray hoping to absolve all their sins of the past, in the warm and sunny weather that they missed for a week, even through the tomb-sweeping holidays. Then on, the marks took us past farms, gardens, alleys etc. with one or two checks thrown in between.. To get to the finish we had to run down more steps, and muddy paths. All in all, it was a good run, the front runners getting to the brown fluid within an hour. The usual, innumerable down-downs followed until all the left over beer was finished. The bash was close by, and well attended.

THE LONG AND HARD PINGSHI RUN ON 12TH APRIL.

We started the run from a remote road-side spot somewhere in Pingshi area. There was no temple or or shelter nearby in case of rain. Luckily, it only drizzled occasionally. The usual warm-up exercises over, we left before 3 pm for the obligatory few minutes of walk, down the road and turned off the road, across a bridge to a check. We found the trail, ran along a road for a while and then found marks going up. It was a long and winding climb to the top of a mountain, occasionally using ropes and vines. Once on the top of this rugged place, we climbed down slowly to a village at the the bottom. We then crossed a bridge, ran up along a road and climbed some steps to a cemetery. We had to run up and down half a dozen hummocks along moss covered slippery cement steps before getting down to the railway track below. We crossed the tracks and ran in parallel on road until we reached Pingshi Railway station. From the station we had to run some distance through the town to get back to the starting point. It was a very long run, that took almost two hours for the front runners. The hares could have easily avoided the unnecessary extra loops they had deliberately put to make the run extra long and thus spoiled an otherwise excellent run, which had all that hashers look forward to. It has the ingredients of a decent run-nice, muddy, slippery trails, some black top roads, bushes, trees and shrubs and of course great scenery, ups and downs, streams, paddies, gardens, village fragrance and some unavoidable stench etc. etc. This run had it all, except that it was too long. The second half of the run was more enjoyable. The down downs, were, as usual, elaborate. But G.M. "Dragon" is doing a good job.Special thanks to those hashers who were good enough to visit Bush Baby at the Veterans Hospital, who is seriously sick.

