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GRAND MASTER (-會長-)	LIFE U.K.	陳澤淵	0915-586205
JOINT MASTER(-副會長-)	FIRE WOOD	王木火	0935-587986
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	BUSH BABY	DUNCAN ROBINSON	0910-511701
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	WHY	洪長力	0922-609308
BOOZE MASTER (-總務-)	BOLT	洪同燦	0928-243878
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		陳俊翰	0925-268060
HASH WEB SITE (-網站-)	CUNT PACK	林榮華	0935-523150

.待宰的兔子/HARE LIST		地點 / RUN SITE	報導/SCRIBE
次數/NO	日期/DATE	JUHL / KUN SITE	中文/ENGLISH
1805	JUL 28,2007 許萬益(Cylinder) 0933-047907	石碇(國道五號南下石碇交流道開始有麵粉) Shinding, Taipei County (Please take NO. 5 Freeway South and then get off at Shinding Exit according to the flour guidepost)	Fiber Machine 陳錫奎 0910-001239
1806	AUG.4,2007 Duncan Robison(Bush Baby) 0910-511701	櫻崗餐廳(行義路往陽明山方向開始有麵粉) Yinggang restaurant, Shinpai, Taipei City(Please Take Singyi RD. FM Shihpai To Beitou according to the flour guidepost-Yangmingshan direction)	Mosquito 陳仁浩 0936-940358
1807	AUG.11,2007 Narayan(Guru) 0953-552-003	石牌(行義路往陽明山方向開始有麵粉) Shinpai, Taipei City(Please Take Singyi RD. FM Shihpai To Beitou according to the flour guidepost-Yangmingshan direction)	

台北捷運免 Metro HASH

日期:7月18日2007 (星期三)19:45兔子落跑

地點:捷運 淡水線 淡水站 出口 1 兔子: Key Way(林世昌)

DATE: JUL.18,2007 (WED.)19:45 HARE RUN SITE: MRT Danshul Line Danshul Sation Exit 1

HARE: Key Way(林世昌)

距離年底還有半年,本會為體諒各位兔友腳癢,特地為各位兔友推出半年跑套餐,只要繳NTD4000就可跑整個半年 特別活動報導

捷兔點滴 2007/7/14 第1803 Runs

HARE:Carrier(何萬豐) 地點:金山

本次路跑當天共

人數: 天氣:晴天 中文報導:Bloody Dog(魏文章) 1803Run English Scribe: Bush Baby(Duncan Robinson)

老師又來了! 最近政府作多,股市強強滾,萬點不是夢!請猴子射飛標,除了屁股不能買外,甚麼股都可以 買,隨便買都會賺,相信兔友財富定增加了不少,可喜可賀!但相對的,物價也悄悄上漲了,房價更是飆漲得驚人, 據說:有一小家庭,小孩已上小學了,無法換大一點房子,一家三口同睡一張床,有一天小孩上學去,老師發現他臉 上腫了一大塊,就問他:「你是怎麼啦? 」他回答說:「昨天我睡不著,爸爸就問我睡著了沒,我說還沒,過了一陣 子,爸爸又問我睡著了沒,我又說還沒。結果爸爸就很生氣的往我眼睛打了一拳說:「你爲什麼都不睡覺呢?」老師 聽了之後大概了解是什麼情況,老師就跟他說:「爸爸媽媽晚上的時候,可能還有一些事情要做,老師教你:如果爸 爸再問你,睡著了沒的話,你就不要回答,假裝睡著了,這樣就好了啊。」隔天上學,結果這次變兩個"黑輪",老師 就很吶悶問他說:「你沒用老師教你的方法嗎?」,他說:「有啊,爸爸問我的時候,我都沒有出聲啊」,老師:「 那爲什麼你還會被爸爸修理呢?」他說:「昨天我感覺床一陣天搖地動,然後聽見爸爸說:「我要去了」,接著媽媽 也說:「我也要去了」,我就很興奮的跳起來說:「你們要去那裡,我也要去」。

本日路跑在陽明山最富盛名的「魚路古道」,魚路古道(古稱金包里大路),建於清光緒29年,是當時金包里(現金 山鄕)到士林的道路,二百多年前,金山鄕的漁民將漁獲挑過擎天崗、經山豬湖、山仔后到士林或大龍峒、大稻埕等

Man(蘇英杰)

地販賣必經之地,在陽金公路的開通後,也就逐漸被荒煙蔓草給埋沒了。近幾年,探 訪古道之風氣興起,「魚路古道」再度受到山友的青睞而倖存,現爲陽明山最熱門郊 遊登山路線。筆者在2004年 4月10日(1633Run)當兔子,所作的路線也是「魚路古道」, 當時與副兔子(Telcom)爲了銜接成O字型,在大油坑茅草堆中,如地鼠般東闖西找, 幾度被野牛追趕,總共找了五六趟,最後只好放棄,改爲8字型路線,留下遺憾!此 次兔子(Carrier)有心人,終於銜接成O字型完美的路線,不得不對他肅然起敬。

兔子Carrier(何萬豐),開立電機公司總經理,台北高山野外俱樂部活動組組長兼高山 嚮導,憑藉著多年登山帶團經驗,對路線的規劃有其獨到之處,曾任會內路線組長多 年,對捷兔路跑貢獻不遺餘力。精力充沛另人佩服,嫂夫人亦爲登山好手,夫唱婦隨 縱橫山林,粉想問問嫂夫人三餐用甚麼給Carrier補,如此「強又有力」。

3:00在作完熱身操後起跑,沿著集合地點「綠峰山莊」山邊的水渠往魚路古道方向行

進,氣溫雖高但都在密林中行走又是水邊,倒覺得涼爽許多,過黃金瀑布、許顏橋,在三叉路口直往擎天崗方向,右轉進入大油坑。大油坑位於七星山北麓,七股山與大尖後山之間,是陽明山國家公園活動最旺盛的火山噴氣孔區,噴氣活動非常劇烈,不但噴氣量大、溫度高,酸性也很強,陽明山國家公園管理處列爲禁區。快速通過禁區循著Mark往下進入「挑磺古道」,終於了解當初尋路時,直覺往擎天崗方向找「挑磺古道」,原來應該往陽金公路方向才對,哈哈!佩服!出陽金公路至大油坑停車場,一陣驟雨淋得成落湯兔,往前,再接上魚路古道往八煙方向,回到集合地點「綠峰山莊」。

Down Down首由副會長主持,兔子们各乾一杯,感謝他們的辛勞,捷兔最招蜂引蝶(喜歡擦香水,全身香噴噴的)的男人Happy,在大油坑慘遭5、6隻蜜蜂「輪姦」,回來時感覺不適,緊急送醫,祝他安然無恙,路跑中被蜜蜂Kiss的,由兔子陪同乾一杯,各紀念次數路跑者坐冰塊Down一杯,整個活動在歡愉中結束,下星期見。On!On!





#1802 RUNS DATE: JUL.7,2007 RUN SITE: BITAN,XINDIAN

Due to the auspicious date for this week's run, 7.7.('0)7, the Hare 'Bamboo' had promised something special and on this he certainly lived up to his word.

The venue for this week's production was the Air Force Cemetery on a hillside on the western shore of Bitan Lake close by to the suspension bridge; a pleasant and quiet setting with a large car park although not sufficient for the needs of the Taipei Hash, a lawn area with a number of trees and two largish pavilions to provide cover, ideal for the pre- and post-run sit around and natter periods, not to mention Down-Downs (see photos in News Letter). Also as hashers signed up for the run, each was handed a scarf printed with the character for 'seven' courtesy of the Hare. A big 'thank-you' to 'Bamboo' for

this gift which provided your scribe with a much needed neck protection from the sun's rays.

After the now standard warm-up exercises led by that mountain of fitness, 'Plod', with the sun blazing down, the temperature hovering around the 37deg C mark and with barely a zephyr to stir the torrid air, the pack was off and running. Your scribe, not wishing to be crushed in the stampede of jocks, was a few minutes late in starting but quickly picked up the trail leading out of a side entrance to the cemetery and down a short road into the township adjacent to the suspension bridge. A check, the first of only two, was very quickly solved when one of the many street vendors in the area, kindly pointed out the way and a few paces later another street vender again kindly pointed out the direction of the trail. This led up a steep path behind the local shops and then along a cool shady path on the cliff side that boarders Bitan Lake. Joining up with a major hiking path, the trial led on upwards passing a viewing platform from which a magnificent view of Xintian, Bitan Lake and the whole southern half of Taipei city was visible, the northern half being covered by a thick haze. From here the trail led down a steep path onto some black top but a short distance later, down another path beside and behind a temple where two groups of worshippers were duelling it out with their chanting; the male chorus had the advantage of some musical instruments to fortify their incantations but not to be out done, the female group turned up the volume on their amplifier to full blast.

Coming out onto a narrow lane in a small farming community, the trail followed the lane for a short distance before delving into bamboo groves, gratefully providing much needed shade. The trail led on through shady bamboo grove after shady bamboo grove not to mention the odd banana plantation, passing small farming communities along the way with only short stretches of black top. An interesting stretch along a cart track where your scribe passed 'Monkey Dick' retracing his steps in a vain search for his glasses which he had dropped, the trail came out on the bank of the upper reaches of Bitan Lake. The temptation to stop and take a quick cooling dip was almost overwhelming but with time marching on, your scribe pressed on. Another stretch through the ubiquitous bamboo groves and a short stretch of road, the trail finally led to a ferry jetty where after a short rest and a quick ride across the lake, the trail now led on through the Promenade bordering the lake shore passing by a large number of eateries-come-OK Bars, trinket/souvenir shops and the like packed with holiday makers. It was then over the famous suspension foot bridge and a short climb back to the On-In and the most welcome iced brews and munchies supplied by 'Mrs. Piss'.

Down-downs led by our fearless GM 'Life U.K.' were the usual blast with just about everyone present called up for one reason or another for a sup of the golden nectar and it was then onto the bash, another glorious blow-out.

And so it was in the cool of the early evening, another great day of Hashing came to a close. On-On

